



Certified Coretalents Analyst Training

Empower authentic human potential

Coretalents

*"I finally understood why certain jobs
drained me and others made me thrive.
It wasn't about skills — it was about who
I really am."*

Ann V.

*"It was as if I finally saw the
full picture of who I am and
why I do what I do."
Leen V.*

At Coretalents, we believe that every person has a unique mix of drives and potential that deserves to be understood and developed.

For more than 30 years, our mission has been to help people discover who they truly are, so they can build lives and careers that truly fit them: authentic, energising and sustainable.

With our evidence-based method, we identify each person's 23 individual coretalents. Together, these form a unique blueprint of character, potential and inner motivation.

Coretalents are not just skills or behaviours; they reflect who someone truly is at their deepest level. Understanding your coretalents gives you a lifelong compass for personal and professional growth.

Coretalents works with individuals, teams and organisations across Europe and beyond. Our network includes 600 certified Coretalents analysts, working in coaching, education, HR, psychology and leadership — all united by a shared passion for unlocking authentic human potential.

What is the Coretalents method good for?

The Coretalents method helps people step fully into their strength. When you understand your character *plus* your potential *plus* your intrinsic motivation, you hold the golden key to making choices that truly fit you, for life.

From education and career choices to accepting a promotion or making a professional change...
From lifelong learning and reintegration after long-term illness to outplacement, burn-out and bore-out prevention, leadership development, teamwork and relationships...

At every moment in life when it is useful, or even crucial, to deeply understand yourself, your Coretalents profile becomes an essential guide.

Why become a Coretalents Analyst?

Whether you are a psychologist or psychiatrist, wellbeing professional, company doctor, coach, recruiter, HR manager, therapist or anyone supporting people in making well-matched choices and growing in line with their character, potential and intrinsic motivation, the Coretalents methodology is the most powerful tool to create real, positive impact.

The training program consists of 10 full days, combining a solid theoretical foundation with hands-on practice and intensive personal coaching. You will become familiar with the full depth of the 23 coretalents, learning how they interact in different combinations and how to apply them in a wide range of professional contexts.

A proven, reliable method to uncover authentic human potential

The Coretalents method is based on a clear and research-backed insight and thirty years of empirical observation: what people loved doing as children reveals their character, their natural energy, their inborn potential and the source of their lifelong motivation.

Founder Danielle Krekels discovered consistent patterns between childhood play preferences and adult personality traits, career choices and overall fulfilment. Her research started in the 1990s with MSc and PhD in engineering sciences and other analytical professionals. It gradually expanded and was validated through tens of thousands of all kind of profiles.

Today, more than 60,000 people have received a Coretalents analysis. The method continues to evolve, supported by a refined and evidence-based framework.



From observation to science

The Coretalents methodology has been tested and refined over three decades through in-depth interviews, cross-disciplinary research and statistical validation.

In 2015, the reliability of the questionnaire was formally validated by Professor dr. Elke Van Hoof at the University of Brussels (VUB). The study confirmed a high level of reliability, with a Cronbach's Alpha of .84, which is comparable to the most well-known psychological assessment tool, the Big Five.

This research confirmed what practitioners had already experienced: Coretalents offers deep and lasting insights into human potential that remain stable throughout life.



Coretalents and Giftedness

The Coretalents Method does more than identify natural potential. It also reveals the specific conditions in which people truly thrive or, on the contrary, struggle and collapse.

Because of its depth and refined nuance, the method has proven especially valuable in understanding and mapping gifted and highly sensitive individuals (HSP). These groups often feel misunderstood or oversimplified by standard personality assessments. Coretalents offers a more precise, complete and respectful view of their complexity.

In recognition of this contribution, Danielle Krekels received the Mensa Award - Work (The Netherlands, 2015) for the exceptional value of the Coretalents method in advancing the understanding of giftedness. This award acknowledged Coretalents as a scientifically sound and socially meaningful approach to unlocking authentic human potential.

Stress, Burn-/Bore-out and Overstimulation

The Coretalents method also provides essential insight into the root causes of stress, burn-out and bore-out. It shows clearly how and when people are acting against their true nature. For example, by overusing certain small coretalents while neglecting the strong ones. This imbalance often leads to frustration, exhaustion and/or a feeling of disconnection.

By identifying all the natural sources of energy as well as their limits, the Coretalents method offers a clear and constructive path toward sustainable well-being.

In the same way, it helps professionals recognise early signs of overstimulation in gifted individuals, making it possible to prevent burn-out, bore-out and disengagement before they arise.

*"Coretalents gave me a language
to describe what I had always felt
but could never explain."*

Sylvia V.

*This method is both sharp and kind.
It combines scientific structure with
genuine human insight.
That balance is rare."*

Dirk

*I've followed many trainings, but none
as impactful as this. Coretalents gives
you a tool that changes everything –
for your clients and yourself."*

Leticia

The Coretalents training

Who the training is for?

The Certified Coretalents Analyst Training is designed for professionals who work with people and want to help them making deeply aligned life and career choices. Typical participants include:

- Psychologists and therapists, life and career coaches
- HR and L&D professionals and recruiters
- Leaders and managers committed to human-centred leadership
- Career counsellors and educational advisors, educators, school counsellors and mentors
- Organisational developers and change facilitators
- Doctors, psychiatrists and well-being specialists guiding others in their growth

In short: everyone who believes in the power of human potential and wants to understand people beyond their superficial behaviour, will feel at home in this training.

Whether you work with adults, young professionals, students or teams, this training provides a transformative tool that gives you the profound insight to know what truly drives people.

What you will gain ...

After this training, you will not only know your clients fully and in-depth; you will understand their core.

You will be capable to recognise and describe their natural energy, character, hidden potential and intrinsic motivation – those forces that determine whether a career choice, study path or decision for life will feel right or drain them.

You will get:

- An evidence based and validated tool that translates complex human nature into clear, actionable knowledge.
- A language for talking about talent and motivation that clients instantly recognise as true to who they really are.
- The confidence to guide people in decisions that fit their authentic selves – beyond and beside external expectations.
- A strong foundation to build long-term client relationships – the Coretalents analysis remains valid for life.
- Belonging to an inspiring community of 600 certified analysts who love sharing knowledge, experience and passion.
- Opportunities for continuous learning through masterclasses, expert days and so on.



The training programme

The Certified Coretalents Analyst Training is a professional development journey consisting of ten intensive days. The structure ensures that you not only understand the theory behind the Coretalents method, but also gain the confidence to apply it in real-life settings.

- 4 days of theory on site will lead you to a profound understanding of the Coretalents method, the rationales to get from children's games worldwide to the 23 Coretalents, and their basic combinations
- 4 one-on-one half days of online personal coaching, guided interviews, supervised analyses and feedback sessions
- 2 days of consolidation to bring you integration, additional cases, certification preparation and live demonstrations.

Each (half) day combines theoretical explanation, interactive exercises, reflection and feedback. The sessions are dynamic and inspiring: an ideal mix of insight and practice.

Results of the training

After completing the training, you will:

- have the skills to conduct full Coretalents analyses of individual clients
- understand the deep interplay between a person's nature, potential and motivation
- be able to guide clients in making authentic, lifelong career and life decisions based on their innate personality and potential
- join an international network of professionals who share your vision
- hold the title of Certified Coretalents Analyst after successfully completing the exam and practical requirements
- have gained both a top-notch professional method and a personal transformation.

Almost every single participant reports that the training not only changed their work, but also their self-understanding.

Their average appreciation of our trainings: 9,2/10.

Practical details

- 4 on-site theory training days in Brussels: **8, 9, 10 & 11 November 2027**
- 4 half days online one-on-one practical training: December 2027 – March 2028
- 2 days final preparation in Brussels: **April 2028**
- 1 day final exams in Brussels: **April 2028**
- 2 half days online consolidation: June – September 2028

Groups consist of maximum 12 participants to ensure personal attention and proper guidance.

All on-site training days will be given exclusively by Danielle Krekels – founder of Coretalents.

Language: the training is conducted in English

Schedule for the on-site Brussels training days: 9:00 AM to 5:00 PM (coffee breaks and lunch provided)

Examination and Certification

At the end of the programme, each participant has to:

- demonstrate full understanding of the theoretical framework
- conduct a supervised Coretalents analysis
- submit a written analysis-report for evaluation.

Upon successful completion, participants receive the title of **Certified Coretalents Analyst** which gives access to the Coretalents server, community, professional updates and the right to use the Coretalents logo and method in line with our guidelines.

To maintain certification, you are expected to:

- attend two refresher half day online Coretalents trainings per year
- stay informed of updates of the method and the ethical framework, e.g. by our newsletters
- continue active professional practice using the Coretalents approach.

Participation fee

The participation fee covers:

- all onsite and online professional training and consolidation as foreseen for this training
- all course materials and tools
- access to the Coretalents platform
- certification exam and evaluation report
- refreshments and lunch during the on-site sessions
- listing in the official register of Certified Coretalents Analysts upon successful completion.

The total participation fee (exclusive of hotel accommodation) is 9.250 € ex. 21% VAT

*An investment in authenticity,
growth and lifelong knowledge...*

Ethical standards

"The community of analysts is warm and professional at the same time — it's like coming home to people who 'get it'."

Ann

Certified Coretalents Analysts commit to the following principles:

Confidentiality	All client information, reports and analyses are strictly confidential and may not be shared without explicit written consent by Coretalents bv and/or the client.
Integrity	The Coretalents method may only be applied by certified professionals, following the prescribed protocol and within the analyst's area of expertise.
Accuracy	Analysts must ensure that every analysis and interpretation remains faithful to the client's authentic Coretalents profile.
Respect for Human Diversity	Every client is treated with dignity, respect and neutrality, without discrimination of any kind.
Transparency	Analysts clearly communicate the purpose, process and costs of the Coretalents analysis in writing in advance to their clients.
Professional Boundaries	Analysts must refer clients to appropriate professionals (psychologist/psychiatrist/physician etc.) when a specific situation is at hand that exceeds their expertise.

A word by founder Danielle Krekels

Throughout my career I have seen how many people live disconnected from who they truly are. They got used following what others expect, instead of what makes them come alive. The Coretalents method helps people recognise and reclaim their authenticity. It gives our clients the courage to make choices that last a lifetime and provides professionals with a unique tool to guide their coachees with precision, empathy and truth – evidence based.

The training in Coretalents means more than learning a method; it's a journey towards understanding authentic human potential.



Are you ready to unlock authentic human potential — in others and yourself?

Join the Certified Coretalents Analyst Training and become part of a growing community of professionals making a difference every day.

Learn a method that is evidence based, sound & solid and truly human centred – without boxes, types or compartments.

Are you interested in participating in the **Analyst Training Program starting on November 16, 2026 ?**

If so, **we kindly invite you to pre-register via our website:**

You will subsequently receive the official registration form along with all relevant additional information.

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*“Knowing your coretalents means you are able of making
choices you will still be happy with in 25 years time”
prof. dr. Dick Swaab, founder Dutch Brain Bank*

